



2020 Calendar

Heart Centred Living Programs

Thrive Living 1 Day Workshops

2020 by Design: Sunday January 19

Thrive Days: March 15, May 31, August 16, and October 18

Zoom into 2021 – Saturday 30th November

Level 1. Passionately Alive (Core Clearing Breathwork Certification)

July 16 – 19* (changed date)

September 24 - 27

November 12 - 15

Level 2. Thrive Pathway Certification

3 x Passionately Alive plus 2 training days. Either: Feb. 24&25 or **July 20&21**

Level 3. Thrive Breathwork Coach Certification

Heart Centred Living Program (Personal Growth Journey)

1. **ALCHEMY** - Conscious Creating March 19 - 22

2. **EMPOWERMENT** - Inner Child Healing **July 23 - 26**

3. **HEART CENTRED RELATIONSHIPS** **August 6 - 9**

(Prerequisite: Passionately Alive)

4. **OPEN HEARTED WOMAN** - Women's Honouring **August 27 - 30**

5. **OPEN HEARTED MAN** - Men's Honouring October 8 - 11

6. **RADICAL BREAKTHROUGHS** - Spirituality November 26 - 29

Breathwork & Coach Training Days

March 23, May 25, **July 27, August 10, August 31**, November 30

Level 4. Thrive Group Facilitator Certification

We meet in person for 2 days – 4 times a year (Tuesday & Wednesday)

March 10&11, May 12&13, August 11&12, October 13&14,

Group online leadership coaching session 4 x year (Wednesday Afternoons)

Aspire Success Circle

PA and BWT Grads, meet in person for 1 days – 5 times a year (Wednesday)

June 17, August 12, October 14, December 2

Group online business coaching session 4-x year (Wednesday Afternoon)

April 15, **July 8**, ~~July 21~~, September 16, November 11

Thrive Business Building

We meet in person for 2 days – 4 times a year (Thursday & Friday)

March 12&13, May 14&15, August 13&14, October 15&16,

Group online business coaching session 4 x year (Thursday Afternoons)

April 16, June 18, July 22, September 17, December 3

Men's Group (first Monday of the month 6.30 - 9.30pm)

3rd February, 2nd March, 6th April, 4th May, 1st June, 6th July, 3rd August,

7th September, 5th October, 9th November, Friday 4th December

THRIVE! - Heart Centred Living Conference June 6 – 7