



Passionately Alive Information Invitation

7.30 - 9.30pm Thursday January 24th. The Centre, 172 Noone St. Clifton Hill.

A fun and informative evening presented by Nicholas de Castella who has 20 years experience coaching people to live rich, happy, successful and fulfilling Heart Centred Lives.

Find Out How You Can ...

- Gain essential life skills to make sure that you are living your life fully.
- Connect with your heart and become a more peaceful, happy and loving person.
- Dissolve blockages and gain more energy to move forward with your life.
- Open your heart to create more loving and fulfilling relationships.
- Use your heart's intelligence to achieve more each day and get that winning edge.
- Get more in touch with who you are and develop a clearer direction in life.
- Develop self-esteem and be more confident socially.
- Release stress, negativity, anxiety destructive anger, self-sabotage and heal pain.
- Increase your bodies natural healing ability to enhance your well being.

Book Now! Phone 9739 8889. (No Charge)

The Next Passionately Alive Seminar will be held in Melbourne on February 1-3.

Institute of Heart Intelligence P.O. Box 198. The Basin 3154 Ph 03 9739 8889 Fax 03 9739 8885 www.eq.net.au info@eq.net.au