

Manhood

Melbourne: March 28-30

Presented by Nicholas de Castella

THE CONTRADICTIONS OF A MODERN MAN'S DILEMMA

Do You Relate?

It seems to me that many men's issues are paradoxical. When it comes to the really important things in our lives men often desire one thing but find they are heading in another direction.

- ◇ Are your days are full, but you feel empty inside?
- ◇ Do you have everything going for you, but too little coming together?
- ◇ Do you try and squeeze in lots of fun, but you're not really happy?
- ◇ Are you in a race and not sure where the finish line is?
- ◇ Do you want peace, but find yourself being moody?
- ◇ Do you want a fulfilling sex life, but find yourself being rejected?
- ◇ Do you have a good job, married, healthy kids and a home, but something is still missing?
- ◇ Do you feel trapped and want to break out, but don't know how?
- ◇ Do you work hard, but your wife is not happy?
- ◇ Do you feel like life is going quickly, but your not really living it?
- ◇ Are you a friendly man, but don't have many male friends you are totally honest with?
- ◇ In spite of the many work colleagues, family and friends, do you have a sense of loneliness?
- ◇ Do you feel like there is something holding you back?
- ◇ Are your personal relationships out of whack and you aren't sure why ... but you know you must DO something?

WHAT YOU WILL DISCOVER AT MANHOOD...

- The TEN steps every real man must take to gain inner strength, energy and passion.
- How to identify and dissolve vicious, limiting thoughts and feelings AND live more fully and authentically now!
- How to muster up courage to be yourself WITHOUT guilt or shame.
- How to enhance inner peace, and drive away stress.

WHAT YOU WILL DISCOVER (continued) ...

- You will realise more **clarity, direction** and purpose in life.
- You will experience a fuller connection with the real uninhibited self.
- How to deepen or attract and keep meaningful and healthy relationships.

...A BIT UNBELIEVABLE?

Well the person who gave you this article certainly doesn't think so! Just read the **testimonies** and soon you'll agree.

WHO SHOULD PARTICIPATE

Any man who wants to make the most of his life, who wants to be able to **cope** with life's pressures and who has to has the **courage** to look at himself honestly, evolve and to grow.

It's a great program for men who want to live rich, happy, successful and fulfilling Lives.

For men who want to make a difference in their life, improve relationships, gain direction, enhance performance and satisfaction in life.

FRANKLY the program IS NOT for everyone. Not everyone is ready to change - has suffered enough to be willing to change. (ESPECIALLY WHEN IT ONLY TAKES JUST A WEEKEND). Not everyone has enough 'guts' to admit that they don't know everything. Not everyone has an open mind to TRY SOMETHING NEW and learn.

If you think this is not for you but you know someone who could genuinely benefit from this very important message ... please we urge you to do that person an act of kindness and give it to them.

On the other hand if you feel that you are a lion on the inside and want to learn how to graciously show it on the outside ... don't you think you owe it to yourself, your future, your family and friends, your wife or girlfriend to AT- LEAST get some more information.

If that's how you feel, don't put it away. Most men are known for procrastination. Don't be one of them. If you don't do something different the future will be much the same as the past!

TESTIMONIES... COULD THIS BE YOU?

"I had the time of my life."
Michael Ryan, Accountant, Horsham.

"I feel truly honoured."
Brad Hooper, Architect, Melbourne.

I Robbie Morgan, whom despised and detested the idea of a 'Men's Group' am writing this after two days my mind and attitude have totally changed 100%. Never before have had I felt so comfortable around a group of men, nor felt so at ease... I strongly recommend this weekend from one who was so dubious and sceptical."

Robert Morgan, Unemployed, Stawell.

"This course has been more revelling than anything I have ever done. The right track has been pointed out to me."

Ron Penrose, Farmer, Conniwerrico

"I was a bit apprehensive about coming at first but in the end I am very glad I did."
Tim Brown, Farmer, Natimuk.

"Thank you Nicholas, not only did you add years to my life, you have taught me how to enjoy it. Since I have learned to speak my truth and live it, my blood pressure has returned to normal, that is, after 35 years!"
Robert Webb, Manager, Pomonal.

"The manhood weekend was a blast for me. I learned to accept myself as a man and to let go of my opinions about the needs of others."
Ghandi Mandel, Therapist Neerim.

Nicholas has the power to help every man present, including myself, to find and declare who we really want to be. Ho!"
Barry Auchettel, Therapist, Ballarat

"Six months after the men's weekend I am much stronger, it was a great healing time for me. I have been able to make decisions now and live with them, knowing that I have faith in myself. I have the courage to believe in myself as a man."
Rex Jessen, Retired, Bayswater.

FOR MORE INFORMATION
Call the Institute of Heart Intelligence on (03) 9739 8889 or mail or fax the Registration Form back to us on 03 9739 8885.

